



Maplewood Richmond Heights School District

Weekend on Wheels

Immediate Needs Update



The WOW Food Pantry is seeking the following items, in order to ensure consistent high quality services for MRH families:

Pasta,
Pasta sauce and/or canned tomatoes,
Canned meat (tuna or chicken),
Macaroni & cheese,
Soup,
Vegetarian soups (not containing meat stock or lard),
Ramen noodles,
Biscuit or muffin mix,
Kid-friendly canned pasta meals (i.e., ravioli, spaghetti-o's),
Vegetarian kid friendly canned pastas (not containing meat stock or lard),
Canned chili/chili beans,
Vegetarian chili (not containing meat stock or lard),
Fat free refried beans (not containing meat stock or lard),
Canned vegetables,
Fruit, applesauce, fruit cups,
Breakfast items (i.e., cereal, oatmeal),
Nut-free kids' snacks,
Desserts (i.e. cake mix, pudding mix, cookies),
Canned beans - garbanzo, black, chili, great northern, pinto, cannellini, red, navy, kidney, etc.

If you would like to make a donation, please deliver to the MRH Central Office and call ahead to make arrangements: 314-644-4400.

Food stock is assessed regularly in order to plan for the weeks to follow. This immediate needs list is shared with donors when there is a food shortage that could impede support services in the weeks to come.

Thank you for your ongoing support!

If you no longer wish to receive these emails please respond by email to Kat Norton at kat.norton@mrhschools.net