



AFTER SCHOOL ACTIVITIES

A number of after-school activities and clubs will be offered this year. These activities meet Tuesdays, Wednesdays, and Thursdays. Activity buses will be available at 4:15 p.m. on these days. Here is an overview of some of the activities that we offer. Activity buses are only available to students staying for organized after-school activities. Students staying in the Research and Design Center after school must be there for academic purposes.

Humanities (Communication Arts & Social Studies) and STEM Academic Lab (Science & Math)

Contact: MS Office

Students may voluntarily attend or be assigned to academic lab as part of academic support. If a student is assigned, academic goals are set and the student must attend for a specified time until their academic goals are met. There are teachers from both the humanities and STEM departments that will be on-site to provide academic support and guidance. These labs will meet Tuesdays and Thursdays after school from 3:10-4:10PM.

Adventure Club

Contact: Mr. Henske / Mrs. Hoffman

The MRHMS Adventure Club is an organization that enables students to plan and implement a variety of high interest, high energy experiences. Examples of previous trips include backpacking, winter camping, geocaching, tree climbing, and spelunking. This club is for students who love exploring new places and trying new things. This club will meet on Thursdays after school.

Urban Farmers Club

Contact: Melissa Breed Parks

The MRHMS Urban Farmers Club will meet on Wednesdays after school. Come and grow your own after school snacks and learn your way around the garden!!

Science Bowl Team

Contact: (Volunteer) Mr. Todd

The MRHMS Science Bowl team consists of 6th, 7th, and 8th grade students that have a passion for science and mathematics. The Science Bowl team practices and competes in an academic competition that tests students' knowledge in all areas of science and mathematics. These teams face-off in a fast-paced question-and-answer format, being tested on a range of science disciplines including biology, chemistry, Earth science, physics, energy, and math. The MRHMS Science Bowl team is open to all students and practices are held on Tuesday afternoons.

MRH Youth Sports

While MRH Youth Sports is not a district sponsored club, we do recognize the benefits of students being involved in athletics outside of school. Students participating in the MRH Youth Sports program are expected to uphold the cornerstones during practices and competition. MRH Middle School competes with other schools in an exciting inter-district athletic program. We believe that sports can be a vehicle to teach our students important lessons. Sign-up for the MRH Youth Sports will be made available prior to each of the seasons. Our focus with this program is learning the importance of teamwork, leadership, and healthy living.

Website: <http://mrhys.leag1.com/>

Season Sport

Fall Cross-Country

Volleyball

Soccer

Winter Boys' Basketball

Girls' Basketball

Boy's & Girl's Wrestling

Spring Softball

Baseball

What does a student need to do to participate?

Each student-athlete needs to maintain good grades and good school conduct. The principal or assistant principal may rule out any student who fails to meet these requirements and that student would be ineligible to participate in one or more games or meets. In addition, each student-athlete is expected to represent the school at all events with class and sportsmanship.

What do parents need to do?

There are parent meetings to attend before each season to discuss transportation, sportsmanship, expectations, and scheduling. For your convenience, sign ups can be made via paper copy or online.

For more information about after-school clubs, contact the Middle School office at 314-644-4406.

Mike Dittrich, Principal

Jacque Boyd, Administrative Assistant