

## Report student illnesses via this form

# MRH Illness Report

HELP PREVENT THE SPREAD OF COVID-19.

## Stay home if:



You are experiencing any of the following symptoms:

- Cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell
- Fever (>100.0F)
- Chills
- Congestion or runny nose
- Nausea
- Vomiting
- Diarrhea
- Sore throat
- Headache
- Muscle pain

You have a measured temperature greater than or equal to 100 degrees Fahrenheit (37.8 degrees Celsius).

You've had known close contact with a person who has tested positive for COVID-19.

**PLEASE STAY HOME AND REACH OUT TO YOUR HEALTHCARE PROVIDER.**



For more information, please visit our website  
<https://www.mrhschools.net/parents/covid-19-resources>



Maplewood Richmond Heights School District



## Ready to Learn Checklist



Complete your daily health screening. **STAY HOME** if you are sick or not feeling well.



**FACE MASKS ARE REQUIRED.** Masks must cover your nose, mouth, and chin.



Bring your Chromebook with you each day.



Keep 6 feet of **DISTANCE** from others.



Hand sanitize when entering the building.



We are committed to your health and safety.  
For more information, please visit our website  
<https://www.mrhschools.net/parents/covid-19-resources>

## DAILY HEALTH SCREENING IS MY CHILD READY TO LEARN?

My child will **STAY HOME** if they are experiencing any of the following symptoms:

- Cough
- Shortness of breath
- Difficulty breathing
- Loss of taste/smell
- Temperature of 100.0F or higher
- Congestion or runny nose
- Sore throat
- Nausea, vomiting, diarrhea
- Headache
- Chills
- Body aches

My child will **STAY HOME** if:

- they have been diagnosed with COVID-19
- they are considered a probable case
- they are a close contact of a person who has tested positive for COVID-19 in the past 14 days
- a member of their household is awaiting COVID-19 test results

My child is **READY TO LEARN** if they are symptom-free and has the following with them each day:

- Charged Chromebook
- Mask: no single-layer gauzes or masks with exhalation valves/vents
- Water Bottle





# This Week in Guidance

## Counselor Contacts

9th/10th: Ms. Kravitz  
[debbie.kravitz@mrhschools.net](mailto:debbie.kravitz@mrhschools.net)

11th/12th: Mr. Harcharic  
[justin.harcharic@mrhschools.net](mailto:justin.harcharic@mrhschools.net)

College: Ms. Velasco  
[lilian.velasco@mrhschools.net](mailto:lilian.velasco@mrhschools.net)

## College Representative Visits

(all visits are virtual)

This week

Next week

Later this month

Down the road

4/21- 10:00am  
[Maryville University](#)

Click on the link of the college name to attend their Zoom meeting

## ACT Info

**THIS WEEK**

Next test date: **April 17**

Registration deadline: ~~March 12~~

Registration Link: [ACT Online Registration](#)

## Scholarships & Programs

5/1/21

- [St. Louis AFCEA Scholarship](#)
- [High School AI Program by MIT](#)
- [BESst Pharmacy Summer Institute](#)
- [UHSP Summer Immersion Program](#)
- [2021 Teens Make History Academy](#)
- [STL Artworks Summer Program](#)
- [FWCA Youth Programs](#)
- [InvestIN live online Immersive Career Experiences](#)
- [MO "Return Strong" Job Initiative](#)
- [MO Registered Apprenticeships](#)

**THIS WEEK**

5/1/21

5/14/21

## News & Events

- [Spring STLCC Preview Days](#)
- [Spring MEGA Visit \(5-college Zoom\)](#)
- [STARR College Search Series](#)
- [Scholarship Foundation of St. Louis Workshops](#)
- [Virtual Volunteer Hours database](#)

## Useful Links

- [High Demand/Critical Need Occupations list](#)
- [Studentscholarships.org newsletter](#)
- [South Tech info video, program list, course descriptions](#)
- [A+ Schools Program](#)
- [UMSL Bridge Program](#)



## College Counseling

Seniors!: Here are a few things to be working on as you're planning for after graduation: 1. Log in to the accounts/portals of the schools you've been accepted to and look at your financial aid packages 2. Apply for scholarships, especially the local scholarships 3. Let me know what your final plans are for after graduation!

Decision Day is coming up quickly, and we want everyone to have a post-high school plan by that day (May 5th). Check [this list](#) to make sure you've completed the Decision Day requirements so you can participate in our event! There is still plenty of time to complete the requirements by the deadline.

If you need help applying to colleges, finding scholarships, reading financial aid letters, or just trying to decide what you should do after graduation, email me at [lilian.velasco@mrhschools.net](mailto:lilian.velasco@mrhschools.net) so we can set up a time to meet!



## This Week in MRHHS Arts

### Spring Play dates announced!

Saturday, May 8 (2 performances)

Sunday, May 9 (1 performance)

(Times TBD)

More details to come!



## This Week in MRHHS Sports

Home games in bold

### Girls Soccer

- Thu. 4/15 @ University City 4:00 PM

### Baseball

- **Tue. 4/13 vs. Hancock 4:15 PM**
- Wed. 4/14 @ Hazelwood East 4:00 PM
- Sat. 4/17 @ Whitfield 10:00 AM
- Sat. 4/17 vs. Priory @ Whitfield 12:15 PM

### Golf

- Thu. 4/15 @ McClure North Invitational

### Track and Field

- **Tue. 4/13 MRH Invitational 3:30 PM**
- Fri. 4/16 @ Lutheran North 4:00 PM



## Selective Service Are You A Young Man, 18 years of age?

All young men who are 18 years of age must register with the Selective Service. Those who fail to register may be denied student loans, scholarships, governments jobs, or a drivers license in most states. If you are a male immigrant seeking to become a citizen, you must also be registered.

Registering with Selective Service is important for your future. It keeps you eligible for many opportunities AND it is the law

Questions? E-mail [jessey.devaney@mrhschools.net](mailto:jessey.devaney@mrhschools.net)

[Register Online](#)

## College Planning Calendar- April

### Juniors

- Take ACT
- Take SAT I (if applicable)
- Look into summer jobs or apply for summer enrichment programs
- Begin preparing essays for college admissions and scholarship applications
- Visit colleges on your list

### Seniors

- College acceptances and financial aid awards arrive
- Decide on the one college that you will attend
- Notify guidance counselor of your choice
- Send in necessary forms and deposits by May 1 (postmarked by)
- Notify schools not attending



Need more MRH Gear? Go to  
High School Spirit Store  
online!

[MRH Spirit Store](#)



Need homework help in math or science?

Contact AskRose!

Available from 6 PM- 9 PM Sunday- Thursday  
Communicate via e-mail, chat, or phone call

[AskRose Homework Help](#)