



Directory of MRH Extracurricular Activities

The following is a list of all extracurricular activities offered at MRH High School as of the 2015-2016 school year.

Leadership

Club: NHS

Sponsor(s): Welker, Nims

When the club meets: Monthly, every first Friday

What the club does: The National Honor Society (NHS) has been recognizing outstanding student achievement since 1921. NHS chapter helps build the school's reputation, works to boost student achievement, helps develop student leaders, and forges deeper connections between the school and local community.

Requirements to join:

- You must be a member of the sophomore, junior, or senior class.
- You must have been enrolled for a period equivalent to one semester at Maplewood Richmond Heights High School.
- You must have a minimum cumulative grade point average of 3.0 on a 4.0 scale.
- Upon meeting the grade level, enrollment, and GPA standards, candidates shall then be considered based on their service, leadership, and character.

Club: Student Council

Sponsor(s): Stocker, Meyers

When the club meets: Varies - usually before school

What the club does:

- StuCo organizes and produces Homecoming Dance and Spirit Week. They also organize and produce Field Day. Other activities during the year are:
- Leaf Raking for the sick and elderly in Maplewood and Richmond Heights
- Christmas shopping for a needy family
- Christmas Spirit Week
- Charity Basketball Game between Brentwood and Maplewood
- Teacher Appreciation Week
- And.....any other charitable work where we see a need.

Requirements to join:

- At least a 2.0 grade point average
- Application
- Interview with STUCO advisors
- Attendance to all STUCO activities



Club: Prom

Sponsor(s): Cassell

When the club meets: As needed, Group starts to form in December

What the club does: Plans prom

Requirements to join: Volunteer

Club: Women Who Look Ahead

Sponsor(s): Hagemann

When the club meets: Monthly

What the club does: WWLA is group for young ladies in the middle school and high school that partners adults with students in a mentoring capacity. Throughout this mentorship, the members will engage in activities and group discussions that focus on helping them having positive self-esteem and growing to be successful, confident, educated young ladies.

Requirements to join: Some members are directly suggested by faculty and staff in the building. Other members are welcome as well as long as they sign up for activities and attend open meetings once a month.

Club: Men's Leadership Academy

Sponsor(s): Capuano, Harcharic, Redden

When the club meets: Monthly

What the club does: The mission of the Men's Leadership Academy is to provide a venue for leadership, fellowship, and community building development through monthly meetings and activities.

Requirements to join: Being male and signing up.

Club: Key Club

Sponsor(s): Bryan

When the club meets: monthly

What the club does: Key Club International is the oldest and largest service program for high school students. It is a student-led organization whose goal is to teach leadership through helping. Key Club International is a part of the Kiwanis International family of service-leadership programs.

Requirements to join:

- Demonstrate an interest in service and/or creating lasting change
- Submit an Application to Key Club Sponsor
- Attend a committee review

Club: YACHT Club

Sponsor(s): Jordan

When the club meets: Varies but at a minimum monthly

What the club does: This program is built on the belief that students can help students succeed. As a member of the Y.A.C.H.T. Club I will be a mentor, role model and leader in the school and the community as a whole. As a leader I will guide underclassmen during their transition into high school and help them have a positive experience. Through opportunities in this program I will work on enhancing my own leadership and mentoring skills.



Requirements to join: Speak to sponsor for more information

Club: Focus St. Louis

Name of Sponsor(s): Vinson

When the club meets: Bi-Monthly (Tuesday and Saturday Morning.)

What the club does: YOUTH LEADERSHIP ST. LOUIS (YLSL), a program of FOCUS St. Louis, empowers the region's youth to become future community leaders. Founded in 1989, YLSL is a program for high school juniors that develops leadership skills, promotes teamwork among diverse groups, and provides a deeper understanding of the St. Louis region. YLSL is based on seven leadership objectives - to inform, to involve, to inspire, to challenge, to empower, to promote action, and to value diversity. The program was designed to provide students with hands-on experiences in the St. Louis region's political, arts, social service, and criminal justice fields. Students have the opportunity to learn and practice leadership skills, such as collaborating, facilitation, problem-solving, and public speaking. Each high school team is accompanied by a teacher/YLSL advisor who is trained by FOCUS as a leadership coach. The premier youth leadership training curriculum in the region, YLSL is the area's only established inter-district high school program that to include students from 30 urban, suburban, rural, public, private, and parochial schools from throughout the region, as well as the Girl Scouts of Eastern Missouri and the Purina PALS program.

Requirements to join: The requirements are to be a junior and fill out an application and turn it in by the deadline each spring.

Awareness

Club: GSA

Sponsor(s): Dwyer

When the club meets: Monthly Meetings

What the club does: This group brings LGBTQ and straight students together to educate and support each other.

Requirements to join: Open to all

Self Interest

Club: Writing Club

Sponsor(s): Roudabush

When the club meets: Every first and third Tuesday of the month

What the club does: We are a group who gathers to write together and to share our writing in a welcoming and supportive environment.

Requirements to join: You must be a human who enjoys writing.

Club: Book Club

Sponsor(s): Dwyer

When the club meets: planning meetings and dinner once per semester



What the club does: Members of this group read a book and come together for discussion and activities related to the book.

Requirements to join: Anyone who is interested in reading the book is welcome to join: students, teachers, staff and parents.

Club: Blue Devil Vault Club

Sponsor(s): Kruger

When the club meets: 2nd/4th Wednesday of every month

What the club does: Develop digital and physical archive for the school. Create oral histories, research school artifacts, and tell the story of MRH.

Requirements to join: None-please come!

Club: Choral Activities

Sponsor(s): Urvan

When the club meets: Daily (during school) and 3-10 hours/week before and after school intermittently throughout the year.

What the club does: Prepare popular musical selections for public performance and private instructions to students on an 'as needed' basis.

Requirements to join: Completion of a vocal audition or prior enrollment in choral music classes or you must be working on a solo repertoire for an audition or competition.

Club: Chess Club

Sponsor(s): Massey

When the club meets: Weekly

What the club does: Students meet to practice playing and get instruction on chess rules and methods.

Requirements to join: None

Club: Tabletop Gaming Club

Sponsor(s): Henry Seymour

When the club meets: Mondays

What the club does: Plays board games

Requirements to join: Show up

Club: WYSE

Sponsor(s): Dwyer

When the club meets: Academic Competition, second and third quarter, prep and compete

What the club does: The Worldwide Youth in Science and Engineering competition brings together students from around the St. Louis area to compete in the science subjects of Biology, Chemistry, Physics, Math, Scientific Reading, Computer Science and Engineering. Members of the MRH WYSE conduct additional studies in preparation for the spring competition.

Requirements to join: This group is limited to advanced students who are recommended by their teachers.



Club: Science Club

Sponsor(s): Dwyer

When the club meets: Fridays and various field trip days

What the club does: Members of the MRH Science Club attend science related events and lectures and participate in after school activities related to science.

Requirements to join: Speak to sponsor for more information

Club: Philosophy Club

Sponsor(s): Massey

When the club meets: Lunches

What the club does: Philosophy club reads and discusses philosophical texts. The discussions are sometimes held on the UMSL campus and are usually facilitated by graduate students from the philosophy department at UMSL.

Requirements to join: None

Sports

Club: Girls' Soccer

Sponsor(s): Jordon

When the club meets: Spring

Club: Boys' Soccer

Sponsor(s): Robertson, Day

When the club meets: Fall

Club: Volleyball

Sponsor(s): Carmon, Ward

When the club meets: Fall

Club: Girls' Basketball

Sponsor(s): Day

When the club meets: Winter

Club: Boys' Basketball

Sponsor(s): Frazier

When the club meets: Winter

Club: Cheerleading

Sponsor(s):

When the club meets: Fall, Winter

Club: Wrestling

Sponsor(s): Reichert

When the club meets: Winter

Club: Baseball



Sponsor(s): Webb, Robertson
When the club meets: Spring

Club: Cross Country
Sponsor(s): Rzeszutko
When the club meets: Fall

Club: Boy's Track
Sponsor(s): Day
When the club meets: Spring

Club: Girls Track
Sponsor(s):
When the club meets: Spring

Subject Specific

Club: Future Business Leaders of America
Sponsor(s): Ms. Withers
When the club meets: First and third Tuesday of each month
What the club does:

- Develop competent, aggressive business leadership.
- Strengthen the confidence of students in themselves and their work.
- Create more interest in and understanding of American business enterprise.
- Encourage members in the development of individual projects that contribute to the improvement of home, business, and community.
- Develop character, prepare for useful citizenship, and foster patriotism.
- Encourage and practice efficient money management.
- Encourage scholarship and promote school loyalty.
- Assist students in the establishment of occupational goals.
- Facilitate the transition from school to work.

Requirements to join: Students should be interested in business and/or entrepreneurship. They can be enrolled in a business course at some point in their high school career. Dues are \$10 for a year.

Club: Literary Magazine
Sponsor(s): Rowley

When the club meets: It doesn't meet, it is solely online.

What the club does: Blue Outbreak, the MRH Literary Magazine, is an annual publication accepting submissions of original poetry, fiction, essays, and other creative writing from current Maplewood Richmond Heights High School students. Email submissions or share as a Google Document to litmag@mrhschools.net. The submission deadline for each issue is the Friday before spring break.

Requirements to join: Staff members read submissions and select the pieces that will appear in the final version of the magazine each year.



Club: Drama Club

Sponsor(s): Potthoff

When the club meets: 2 plays (fall & spring), one acts

What the club does: Drama Club is a group of students who actively participate in the after school MRH theatrical productions.

Requirements to join: Speak to sponsor for more information